# What to Expect:

#### 3-Week Online Conference

Week 1: Sunday, April 26th - Saturday, May 2nd

Week 2: Sunday, May 3<sup>rd</sup> – Saturday, May 9<sup>th</sup>

Week 3: Sunday, May 10<sup>th</sup> – Saturday, May 16<sup>th</sup>

### **Each Sunday:**

You will receive:

- A video message YouTube link sent via email.
- A "Weekly Journal Challenge". These are specific questions to journal on.

## What you will do:

- Watch the video.
- Read, pray, dwell on, and respond to/ journal on the questions.

## Each Wednesday, Thursday, OR Friday:

What you will do:

- Participate in a weekly 90 minute Zoom Call ("Virtual Learning Community" or VLC).
- Your VLC will be with 4-6 other individuals. Together with other participants, you will share thoughts, discoveries, insights and stories from your personal time of reflecting on the message and journal questions.

### **Post Registration:**

You will receive:

- Each VLC (Zoom call) will be facilitated by an MCMD Coach.
- Zoom Call invitations and instructions to join "Virtual Rooms" in the time slots you are signed up for will be sent via email from one of the MCMD coaches.

<sup>\*</sup> If you would like to interact with the conference material in a 10 day or three day period, that option is available upon request. The three-week format is the same, only accelerated. For more information on these option, contact Scott Rolff at 517-819-2157 or <a href="mailto:scottrolff@gmail.com">scottrolff@gmail.com</a>